



^b As they entered the tomb, they saw a young man dressed in a white robe sitting on the right side, and they were alarmed. ^c “Don’t be alarmed,” he said. “You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here. See the place where they laid him.” ^d But go, tell his disciples and Peter, ‘He is going ahead of you into Galilee. There you will see him, just as he told you.’”
Mark 16:5-7 (New International Version, 2011)

www.capchurch.ca

considerations and announcements

CAPCHURCH PEOPLE NEWS

Jamie and Nicole MacDougall are delighted with their new baby girl and our new grand-daughter, Naomi Ray who was born April 20th at 6:10am, weighing 8 lbs 13 oz. Mother and baby are doing well. We thank you all for your constant love, support and prayer. We are blessed by such amazing friends. On Friday, parents and grandparents took Naomi on her first walk to the neighborhood gas station to put air in the tires of her stroller! Mom and Dad were thrilled to get some fresh air and experience a 'first' with Naomi.



[Al and Lynn Ray]

ANOTHER NEW BEGINNING has us saying hello and welcome to Lindsey Wilson, our new CapKids assistant. A few fun facts about Lindsey include her deep love of warm climates and all varieties of cuisine. She grew up in southern Ontario and is the eldest of 6 noisy children!! She thrives on being creative, imaginative and musical. She loves making chocolate chip cookies and is a firm believer that mornings cannot start without the smell of fresh brewed coffee. Stop by CapKids and get to know Lindsey better - her love for Jesus and kids is infectious and she will be a great addition to our CapKids team.



[Sue Carabetta]

MEN'S BREAKFAST

Come join CapChurch men and Sutherland Chapel faith friends for a men's breakfast **Saturday, May 28th, 9:00am, Sutherland Chapel, 630 - 19th Street East, North Vancouver** (downstairs meeting room). Enjoy good food and a good time interacting over **The Joys & Challenges of Fathering our Adult Children**. Whether you are a young father, an old father or a not-a-father who cares about how the "faith village" raises its children into adulthood, this will be a great morning of telling and hearing redemptive stories of fathering. Mike Nichols from CapChurch and James Copp from Sutherland will lead. RSVP to mike@capchurch.ca by May 26th. Bring \$5 for breakfast

FALLING UPWARD (Richard Rohr)

We grow spiritually much more by doing it wrong than by doing it right. That might just be the central message of how spiritual growth happens; yet nothing in us wants to believe it . . . If there is such a thing as human perfection, it seems to emerge precisely from how we handle the imperfection that is everywhere, especially our own. What a clever place for God to hide holiness, so that only the humble and earnest will find it! A "perfect" person ends up being one who can consciously forgive and include imperfection rather than one who thinks he or she is totally above and beyond imperfection. It becomes sort of obvious once you say it out loud. In fact, I would say that the demand for the perfect is the greatest enemy of the good. Perfection is a mathematical or divine concept, goodness is a beautiful human concept that includes us all.

[Paddy Ducklow]

BUFUKHULA CHILDREN

Do you sponsor children in Bufukhula? Would you like to send them a letter? We'd like to help you by collecting and delivering your personal letters to your children. Please give your letters and pictures to Christy Adams or another Bufukhula team member **today!**
[Bufukhula Team 2011]

COWBOY CAMP



Cap church's annual family camp at Timberline Ranch will take place May 20-22. Brochures are available on the Welcome Table and on the CapChurch website. This camp is in an exquisite setting only an hour from the city. You will find the weekend a great chance to relax, enjoy friendships new and old, let your kids have freedom to bike and run and enjoy great meals. We will have our hilarious annual talent show, horseback riding, races, swimming, games and chats over coffee . . . just come. Email sue@capchurch.ca for more details. Or, **would you like to send someone to camp?** For some it is difficult to find the money to be able to join in. You may choose to send someone rather than go (or you could go as well!) If you would like to donate to CapChurch, a designated gift for "Cowboy Camp Scholarship Fund" can be placed in the offering box or you may contact Sue at sue@capchurch.ca . Many thanks to those who have been a part of family camp in the past and those who will participate this year.

[Sue Carabetta]

EASTER BAPTISMS

This morning, ten CapChurch members gathered with their friends at Ambleside Beach for CapChurch's Easter morning baptisms. We welcome them this morning into their new life with Christ. Look for their words in the "Capilano Christian Community Church Easter Baptisms 2011" pamphlet.

- Nicole Mah** - baptized by Brian Dean and Mike Nichols
- Kevin Faw** - baptized by Kim Pierrot
- Chelsea Claire Forbes** - baptized by Mike Nichols with Scott, Simon & Oyuki
- Tom Kanwischer** - baptized by Brian Dean and Mike Nichols with Rachel, John, Matt, Brendan & Jeffrey
- Bryce Adams** - baptized by Brian Dean with Scott Spiro
- Jeanette Steinmann** - baptized by Brian Dean and Mike Nichols with Katelyn Carabetta
- Louise Anja Purcell** - baptized by Kim Pierrot, with Emma Milley and Anita Wenman
- Miho Haruki** - baptized by Kim Pierrot and Mike Nichols with Anita Wenman
- Sophia Wenn** - baptized by Kim Pierrot and Mike Nichols
- Catherine Barski** - baptized by Kim Pierrot



calendar

events

today's teaching

Today Easter Sunday and Baptisms at Ambleside

May calendar

- may 5 The Bufukhula Team is in Uganda
- may1 - 15 Highlights of **Grace in Church History** with Sarah Williams from Regent College
- may21-22 **Cowboy Camp Weekend**



REMEMBER - IF YOU MISS some or all of any of the sermons you can listen to them online at www.capchurch.ca
 The Amazing Grace sermons presented by Rod Wilson over the last four weeks are posted now. You may also pick up extra copies of the sermon cards at the Welcome Table.

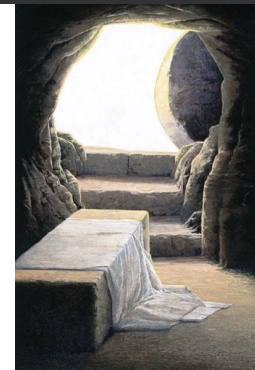
WELCOME TO NEWCOMERS - If you are new to CapChurch or visiting, we invite you to take a blue visitors card from the Welcome Table - you will receive a welcome letter and a coupon for a specialty coffee of your choice!

OFFERING ENVELOPES - for those wishing to give their offering in an envelope, you will find offering envelopes next to the Offering Box on the table at the back of the room.

capchurch leadership circle

- Mike Nichols | pastor & elder
- Kim Pierrot | pastor & elder
- John Colpitts | associate pastor
- Brian Dean | minister to teens
- Julie Evans | early childhood education
- Michaela Jamieson | capkids team leader
- Lindsey Wilson Jamieson | capkids team leader
- Linda Byrnes | pro tem admin assistant to the pastors
- Paula Schulz | admin assistant on leave
- Suzanne Paterson | Sunday morning coordinator
- Emma Milley | senior high grades 10 -12
- Luke Wilson | grades 5 -7
- Sue Carabetta | families and newcomers
- Barry Soper | alpha
- Cathy Adams | bookkeeper

- Paddy Ducklow | pastor emeritus, chair missions
- Jake Penner | elder emeritus
- Scott Campbell | elder
- Gordon Chutter | elder on leave
- Randene Hardy | elder
- Jenn Ohlhauser | elder
- Andrea Smith | elder
- Art Steinmann | elder
- Carole Ducklow | apprentice elder
- Lynne Smith | apprentice elder
- Candis Watson | compassionate assistance
- Lynne Moe | compassionate assistance
- Brent McLaren | finance chair
- Paul Milley, Kristee Watson | Bufukhula team



RAISED WITH
CHRIST -
NOW LIVE!

The novelist, Frederick Buechner, once wondered what would happen if God, instead of depending upon our faith, decided to give us a proof--something scientific, something tangible, that would be beyond the shadow of a doubt. "Suppose that God were to take the great, dim river of the Milky Way, brighten it up a little and then rearrange it so that... written out in letters light years tall ... *I REALLY EXIS*. Buchner thinks the reaction would be dramatic--for a little while -until "I REALLY EXIST," became a normal part of nature. Our deepest need according to Buchner is not proof that there is a God somewhere who exists or evidence that a resurrection happened some time ago in history, but a God who is right here, knee-deep in the mud and mire of human existence. We need a risen Christ who comes to us every day to give life and hope. That is a God who comes not in evidence but in the relationship of trust we call faith. God cannot be seen when we draw a line in the sand and say, "Give me proof or I don't step over the line." God is experienced by those who step over the line in trust. When we do, our eyes are opened; we encounter Christ and the power of his presence. This is the risen Christ we worship today.

Mike Nichols, Pastor

cap at a glance

Mike Nichols gives the Sermon
 Kim Pierrot leads the Service
 Robbie Ohlhauser leads Worship

CAPKIDS

Today CapKids (K-Grade 4) will celebrate Easter with their lessons
 K- Shepherd: A/C Chase/
 Teacher: Nancy Dixon/ Room: 201
 Grade 1- Shepherd: Leanne Pruner/
 Teacher: Lynne Moe/Room:202
 Grade 2- Shepherd: Celeste Lee/
 Teacher: Shelley Hardey/Room:204
 Grade 3/4 boys -Shepherd: Brooke McAllister/
 Teacher: Randene Hardy/ Room:213
 Grade 3/4 girls - Shepherd: Barbie Milley/
 Teacher: Dianne Speranza/ Cafeteria

*Please note: Michaela Jamieson is away until May 21st. In her absence, please contact Lindsey Wilson

Next week, CapKids will begin a new rotation series on the post-resurrection appearances of Jesus.

YOUTH

Grades 5 - 7 meet in Room 205
 Grades 8 - 10 meet in Room 206
 Senior High remain in the Service