



considerations and announcements

CAPCHURCH PEOPLE NEWS

We are pleased to announce that little Julia Ping Luong made her way into the world on May 3 at 6 lb 6 oz, a whole 15 days early! She was definitely ready to arrive and came in a hurry, karate chopping her way into the world. She is beautiful and tiny and her mom Annalise and dad Tien love her even more than they thought possible.



Congratulations as well to the Lim family on the birth of Austen James Lim. He was born on May 4th at 9:25 pm. 7lbs 10oz, 54cm. Darrell, Cheryl, and big brother Collin are back at home and settling into life as a family of 4.



BUFUKHULA TEAM

Our CapChurch team currently in Bufukhula, Uganda: Linda Byrnes, Ross McKenzie, Andrea Smith, Mike Nichols, Christy Adams, Greg Howard, Michaela Jamieson, Linda Willey & Helen Wall. David Hartman has crafted beautiful leather bracelets as a reminder to pray for our friends visiting and living in Bufukhula. Visit the table in the Foyer.

AN ARMY OF UNSEEN MOTHERS by Rod Smith

“Mothers who have chosen adoption for their babies are often ignored on Mothers Day. How their hearts must ache. This weekend an unseen army of brave women will quietly witness families rightfully celebrating Mothers Day - and find no place at the tables with the children whom they generously offered to families eager to rear their babies. I admit, my awareness of birth mothers is acute. These women, women who are often shamed, labeled as irresponsible, hard, or uncaring, have radically shifted my life. Each of my boys’ mothers fought untold difficulties while carrying her child to full term, in full knowledge that other options existed. Despite abandonment, derision from family members, financial difficulties, and who knows what other social pressures, each delivered a beautiful baby and made the hard choice to forever enrich my life by allowing me, a single man, to adopt her infant son. I know you are not forgotten - not on Mothers Day weekend or any other day.”

[Paddy Ducklow]

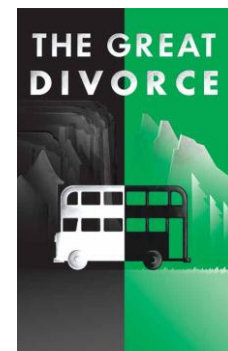
FRIENDSHIP LISTS

Available now! Get the updated Church directory today at the Welcome Table. A great way to get and stay connected.

MEN’S BREAKFAST will take place on Saturday, May 28th, 9:00am, Sutherland Chapel, 630 - 19th Street East, N. Vancouver. Enjoy good food and a good time interacting over The Joys & Challenges of Fathering our Adult Children. RSVP to mike@capchurch.ca by May 26th. Bring \$5 for breakfast.

COMING SOON

Up next at Pacific Theatre: The Great Divorce, from the novel by CS Lewis. “Hell resembles nothing so much as a dreary industrial city in the north of England, its denizens free to leave whenever they like – aboard a bus bound for a heaven that’s like nothing you’ve ever imagined. A theologically dazzling journey studded with memorable characters, mind-spinning dialogue and images of human folly and sublime hope that will



forever change the way you see eternity” Runs May 20th - June 18th @ Pacific Theatre - 1440 W 12th ave. www.pacifictheatre.org Tickets \$16.50-29.50 (not including HST) Book online or call 604.731.5518.

IN THE COMMUNITY

Charity Garage Sale - this Sat, May 14th from 8am - 2pm at 3569 Wellington Ave, N. Van. For further information or donation drop-off / pick-up, please call Judi Whyte at 604-868-9812.



A Place to Call Home Housing Society: Our goal is to provide reasonably priced rental housing for people working on the North Shore by accepting and managing financial and real property donations.

L.G.C.A. SPRING GALA

Lions Gate Christian Academy is pleased to be hosting its 2nd ANNUAL SPRING GALA this Friday evening at the Kay Meek Centre. The entire North Shore Christian community is invited to come out in support of Christian education. Join the fun at the silent and live auction and then sit back to enjoy a wonderful benefit concert. The ticket price is \$30 and includes admission to the live & silent auctions and benefit concert. Guests will also enjoy refreshments and hors d'oeuvres. Friday, May 13 @ 7 PM, Doors Open at 6:30 Tickets: L.G.C.A. Office: 604-984-8226 Kay Meek Centre Box Office: 604-913-3634 More Info: Lions Gate Christian Academy 604-986-8226 or www.lionsgateca.org

A ROCHA VOLUNTEER DAY

Join us Sat, May 14th, 10am - 1pm rain or shine to help with outdoor projects at Brooksdale Environmental Centre. Free lunch! RSVP to 604-542-9006 or british.columbia@arocha.org

Caring for Creation: Is it Christian Mission?



Dr. Christopher J.H. Wright

Author: The Mission of God; The Mission of God's People; Old Testament Ethics for the People of God

Thursday, May 12th at 7:00 pm

Freedom Hall at Trinity Western University 7600 Glover Rd, Langley, immediately south of Hwy 1



calendar

events

Today **Mother's Day! Sarah Williams from Regent College continues her sermon series**

Calendar

- May 1,8,15 **The Grace of God in Real History** with Sarah Williams from Regent College
- Fri, May 13 **Lions Gate Christian Academy 2nd Annual Spring Gala** - 7pm @ the Kay Meek Centre
- Sat, May 14 **A ROCHA Volunteer Day: 10am-1pm** at Brooksdale Environmental Centre
- May 20-22 **Cowboy Camp Family Weekend** @ Timberline Ranch
- Sat, May 28 **Men's Breakfast** - 9am @ Sutherland Chapel with Mike Nichols and James Copp

REMEMBER - IF YOU MISS some or all of any of the sermons you can listen to them online at www.capchurch.ca

WELCOME TO NEWCOMERS - If you are new to CapChurch or visiting, we invite you to take a blue visitors card from the Welcome Table - you will receive a welcome letter and a coupon for a specialty coffee of your choice!

OFFERING ENVELOPES - for those wishing to give their offering in an envelope, you will find offering envelopes next to the Offering Box on the table at the back of the room.

capchurch leadership circle

Mike Nichols | pastor & elder
 Kim Pierrot | pastor & elder
 John Colpitts | associate pastor
 Brian Dean | minister to teens
 Julie Evans | early childhood education
 Michaela Jamieson | capkids team leader
 Lindsey Wilson | capkids assistant
 Linda Byrnes | pro tem admin assistant to the pastors
 Paula Schulz | admin assistant on leave
 Suzanne Paterson | sunday morning coordinator
 Emma Milley | senior high young women
 Luke Wilson | grades 5 -7
 Sue Carabetta | families and newcomers
 Barry Soper | alpha
 Cathy Adams | bookkeeper

Paddy Ducklow | pastor emeritus, chair missions
 Jake Penner | elder emeritus
 Scott Campbell | elder
 Gordon Chutter | elder on leave
 Randene Hardy | elder
 Jenn Ohlhauser | elder
 Andrea Smith | elder
 Art Steinmann | elder
 Carole Ducklow | apprentice elder
 Lynne Smith | apprentice elder
 Candis Watson | compassionate assistance
 Lynne Moe | compassionate assistance
 Brent McLaren | finance chair
 Paul Milley, Kristee Watson | bufukhula team



today's teaching

cap at a glance

REMEMBERING

Last week we embarked together on the first of three devotional reflections on history. Using Hebrews 11 as a foundational text we talked about the importance of remembering as a basis for identity in the community of faith. This morning we will return to Hebrews and look at how our understanding of the present can be reshaped as we learn to listen the past and to anticipate the future.

Sarah Williams

Sarah Williams gives the Sermon
 Lynne Smith leads the Service
 Matt Pierrot leads Worship

CAPKIDS

Today CapKids (K-Grade 4) continue their series on the post-resurrection appearances of Jesus.

- Kindergarten - Room 202**
Shepherd: Kanwischers, Teacher: Lynne Moe
- Grade 1 - Room 201**
Shepherd: Tanya Bachmann, Teacher: Charlotte C
- Grade 2 - Room:213**
Shepherd: Scott Campbell, Teacher: Amy Wilson
- Grade ¾ Boys - Room 206**
Shepherd: Dave Strilchuk, Teacher: Barb Atkins R
- Grade ¾ Girls - Cafeteria**
Shepherd: Tamrah C, Teacher: Susie Alexander

*Please note: Michaela is away until May 21st. In her absence, please contact Lindsey Wilson.

YOUTH

- Grades 5 - 7 meet in Room 205
- Grades 8 - 10 upstairs: Room tba
- Grades 11 - 12 remain in the service