

Questions for Personal Accountability In your life and your relationship with God

The following questions are designed to assist you in creating a relationship of personal accountability. The questions are somewhat intrusive -- but it is in these more vulnerable areas that we need to be accountable. The list is adapted from Gordon MacDonald's book, "Rebuilding Your Broken World" which is his story of rebuilding after falling sexually. You might wish to expand this list to include additional questions of your own.

1. How is your relationship with God right now?
2. What have you read in your Bible in the past week?
3. What has God said to you in this reading?
4. Where do you find yourself resisting Him these days?
5. What specific things are you praying for in regard to yourself? To others?
6. How are you connecting with your church? Cell groups?
7. How are you giving away what God has given to you? Are you enjoying this?
8. What are the specific tasks facing you right now that you consider incomplete?
9. What habits intimidate you? Frustrate you?
10. What have you read in the secular press this week that has affected you?
11. What general reading are you doing?
12. What have you done to play and rest this past week? Do you find yourself refreshed as a result?
13. How are you doing with your spouse? Kids?
14. If I were to ask your spouse about your state of mind, state of spirit, state of energy level, what would the response be?
15. Are you sensing any spiritual attacks from the enemy right now?
16. If Satan were to try to invalidate you as a person or as a servant of the Lord, how might he do it?
17. What is the state of your sexual perspective? Tempted? Dealing with fantasies? Entertainment?
18. Where are you financially right now? (Things under control? Under anxiety, in great debt?)
19. Are there any unresolved conflicts in your circle of relationships right now?
20. How are you working out forgiveness?
21. When was the last time you spent time with a good friend of your own gender?
22. What kind of time have you spent with anyone who is a non-Christian this past month?
23. What challenges do you think you're going to face in the coming week? Month?
24. What would you say are our fears at the present time?
25. Are you sleeping well? Are you sleeping enough? Too much? Do you wake rested?
26. What three things are you most thankful for?
27. Do you like yourself at this point on your pilgrimage?
28. What are your greatest confusions about your relationship with God?
29. How are you walking in the Spirit?
30. How are you overcoming temptations and vulnerabilities?
31. Which aspects of the fruit of the Spirit are you seeing evident in your life?
32. Describe your personal dreams that God has given you. Are you moving ahead in these areas?
33. What kind of person will you be in 5 years? Is this the kind of person that you want to be?