



Scripture: Genesis 28:16 When Jacob awoke from his sleep, he thought, “Surely the LORD is in this place, and I was not aware of it.”

## announcements



### Welcome to CapChurch!

We are a community faithfully seeking God's shalom (flourishing and wholeness) in every sphere of life with passion for Christ and compassion for neighbour. We hope you find a warm welcome today—both from our good God, and from us.



### Cap Life Groups

It's almost that time again! As you make your plans and priorities for your fall, please consider making space for a Cap Life Group in your schedule. Last year's 9-week groups were such a success, we intend to do them again, beginning the first week in October and continuing until the end of November. They might well have a slightly different twist this year, so stay tuned for details! To signal your interest in participating, please email [kim@capchurch.ca](mailto:kim@capchurch.ca).

### This Fall @ CapChurch

What exactly is the good news of Jesus? How does it give meaning and hope to our lives? What might it look like to incarnate this good news in our relationships, in our neighbourhoods, in our vocations? These are some of the questions that we will be answering this fall, in a number of ways, including the following...

#### Book of Philippians

Our fall sermon series on Paul's letter to the Philippians gives us a window living with joy, humility and maturity even in difficult circumstances—in short, living as if the good news of Jesus matters.



### New 'Surviving or Thriving?' Series

Rod and Bev Wilson will be leading our new **Thriving or Surviving?** series commencing Sunday, October 15 from 12:15-2:15 at the front of Mulgrave. Bring a bag lunch (drinks supplied) & be prepared to engage on 8 different subjects—parenting, aging, marriage, work, caring, self-care, conflict, and controversy—between October and May. These equipping-oriented sessions will be of help to you and will also strengthen your care of others. Feel the freedom to attend one session or more, or commit to all eight.

#### The first three sessions take place as follows:

October 15 Thriving or Surviving in Parenting?  
November 5 Thriving or Surviving in Aging?  
December 3 Thriving or Surviving in Marriage?  
If you are interested in attending it will help us with planning if you e-mail Rod ([rjkwilson@shaw.ca](mailto:rjkwilson@shaw.ca)) the week before each session at the latest. If child care will help facilitate your attendance let us know that as well. (Rod Wilson)

## considerations



### Cap's Summer Photo Collection

Would you share a favorite summer photo that includes you, your family, a special place or celebration or even something very ordinary—like selling lemonade on the street corner. Send to Lynda at [life@capchurch.ca](mailto:life@capchurch.ca) and be part of Cap's slide show for Sunday, Sept. 10th service.



### “How Was Your Summer?”

On **Sunday, Sept 10th** after the service, we will be enjoying a community lunch together. Share your adventures of summer and how your fall is lining up. Enjoy pizza (including gluten free) and drinks provided by the church. We would welcome your contribution to the lunch. Last names starting with A-K, please bring simple veggies/dip. L-Z, please bring a hand-held dessert (cookies, squares etc). The event will take place on the green lawn outside the atrium. In case of rain, we will be inside in the atrium area.

### “SCHOOL SUPPLIES SUNDAY”...

Will you give a ‘hand up’ to some parents in our community? (**Harvest Project of the NS**) Chloe is a young mother of two young children. Her husband left her a note one day and never came back. I recently met with Chloe and she



was stressed about the need to buy school supplies for her daughter. I was able to give her a \$50 gift card and she

was overwhelmed with gratitude. A simple thing like a gift card for school supplies gives parents the dignity of providing for their children. With school starting in two weeks please join us at Harvest Project by giving a ‘hand up’ to families like Chloe's. Chloe's parting word's that day were, “I'll be able to pay this forward one day soon.”



### CapChurch Men's Retreat Date:

September 30th - October 1st, 2017.  
**Location:** Barnabas Family Ministries located on Keats Island.  
Call or email Roger Hardy to reserve. This will be an opportunity to form deeper relationships with God and men at Cap.  
Cost is \$190.00 for double occupancy (\$235. 00 for single) which includes the water taxi to and from Keats and all meals. Please don't miss out. [Roger\\_Hardy@worldvision.ca](mailto:Roger_Hardy@worldvision.ca) or call 604-922-1175



calendar

events

- Today Rod Wilson will be speaking on Finishing—The Story of Judah from Genesis 42-50
- August MomLife in the Park: 9:00am—12:30ish. Contact Karen Barre [kvbarre@gmail.com](mailto:kvbarre@gmail.com) for more details
- Sept 10 “How Was Your Summer Event?” Pizza for everyone (including gluten-free). Hold the date!
- Sep 30-Oct 1 Men’s retreat at Barnabas : See inside for details

**CapBlast:** CapChurch also communicates via an electronic bulletin. This publication includes more details on upcoming Cap events, our local and international mission initiatives as well as local community events. Contact Lynda at [life@capchurch.ca](mailto:life@capchurch.ca) if you would like to receive this publication.

Connecting with Us:

~ You can always find Cap online, listen to sermons, get contact info on our leaders and happenings at [www.capchurch.ca](http://www.capchurch.ca), or check us out on Facebook at <http://facebook.com/capchurch>

~ **FIRST-TIMERS/NEWCOMERS** - If you are new to CapChurch or visiting, would you take a minute to fill out a blue visitors card from the Welcome Table and leave it with us. You’ll will receive a welcome letter and a coupon for a specialty coffee of your choice!

~ **OFFERING ENVELOPES**—For those wishing to give their offering in an envelope, you will find envelopes next to the Offering Box on the table at the back of the room by the main theatre entrance.

capchurch leadership team

Kim Pierrot | pastor & elder  
 Shelley MacDonald-Lin | worship minister  
 Rod Wilson | teaching associate  
 John Colpitts | youth minister  
 Isa Purcell | youth ministry intern  
 Allison Grice | capkids program director  
 Joelle Coyle | capkids assistant  
 Katrina Nadworny | caplittles sunday leader  
 Andrew Chong | worship music coordinator  
 Becca Birkner | worship music coordinator  
 Suzanne Paterson | sunday morning coordinator

Cathy Adams | bookkeeper  
 Lynda Shaw | admin. assistant to the pastoral team  
 Jake Penner | elder emeritus  
 Brian Dean | elder ( apprentice)  
 Lynne Smith | elder  
 Andrea Smith | elder  
 Dan Thomson | elder ( apprentice)  
 David Zimmerman | elder , chair  
 Bryson Milley | finance chair  
 Archie Robertson, Lynn Perez, Andrea Smith | Nashisa team  
 Lynn Perez | missions team chair



Today’s message

**“The Extraordinary in the Ordinary”**  
 All of life’s ‘ordinary’ experiences can be path- ways to God. The patriarch Jacob, whose story we will be following this summer, comes to this realization in the middle of the book of Genesis. Awaking from a holy dream, he remarks: “Surely the Lord is in this place, and I was not aware of it.” (Genesis 28:16) This is our prayer for us this summer, that, like Jacob, we might wake up to our lives as having the possibility for encountering God in the midst of birth, eating, family, sleep, courting, marriage, work, conversion, sex, home, calling, dressing, finishing, and death. Today, Rod Wilson will speak on Finishing—The Story of Judah.

This Sunday at a glance

**THIS SUNDAY MORNING**, Rod Wilson will be speaking. Kim Pierrot will lead us in worship.

**Littles:** Care for our 0-2 year olds is upstairs with Katrina.

**Zoo:** Our lively program for our 3-5 year olds will be upstairs with Joelle. Come prepared to spend some time outside.

**Fresh:** For kids who recently completed Grades 1-4, please meet upstairs with Allison to continue our journey through Exodus, exploring how God Makes a Way!

**Youth:** All those who recently completed Grades 5+ are invited to join John upstairs in the staff room. If you would like to volunteer with the younger children, please see Allison or Joelle.