



Scripture: John 10:10 I came so they can have real and eternal life, more and better life than they ever dreamed of.

announcements



Welcome!

CapChurch is a community of real, diverse people who are unified by their hope in a real Jesus. We exist to follow Christ with passion and to embrace our neighbour with compassion.

A Rocha One Day Retreat

We are just 2 weeks away from this exciting event, happening Sat, June 3rd from 1-9pm. This is a great opportunity to work, play, and



rest alongside Capp-ers of all ages, and to learn more about our call to be good stewards of God's creation. Please take a minute to respond to the invite that has been sent out so that we can complete our planning. This year, in addition to our work projects, the A Rocha team will be

facilitating 3 options for us: A discussion on creation care as part of God's mission, an experiential environmental education program for kids, and a guided contemplative prayer walk. After we eat dinner together, you are free to head home or stay for the always entertaining Variety Show: a Cap tradition! We hope you will consider coming again or for the first time this year! Any questions? Contact john@capchurch.ca (John Colpitts)



Summer Series: Encountering God in the Ordinary, Boring Stuff of Life

From June through August we will be looking at the book of Genesis chapters 25-50 with the help of Paul Steven's book "Down to earth Spirituality." As we look at the life of Jacob this summer, we will see how, in Paul Stevens words, "ordinary moments are made extraordinary, transformed by the presence of God in the midst of the mundane." Kim, Rod, and several other Capp-ers will share the teaching.

Pastor Road Show with Kim Pierrot!

Please join me for the final week of one-hour coffee dates at **LONSDALE—Andrew's on Eighth (week of May 29th)** Here's what I will ask when we meet:

How can the elders and staff be praying for you?
How do you want to participate in our community right now?

If you practiced RePlacing Lent, what was it like?
If you are in our Friendship List, watch your inbox for an email invite. Sharon Lisette has kindly offered to arrange these appointments so feel free to email her (sharon.lisette@shaw.ca) to book your time with me. Looking forward to being face to face with all of you. (Kim Pierrot)

considerations



Final Hub Cap: Story Time with Grandpa Jake

Join us as we gather Sunday **May 28** at 6:00pm for a simple dinner and to hear some of the life story of **Jake Penner**, beloved Capper and our elder emeritus.

This will be our final HubCap of the year, and will be a unique opportunity to hear stories drawn from Jake's rich life and also stories of CapChurch's early days. Older children are welcome if their parents think they would benefit from hearing the stories "Grandpa Jake" will be telling us (there will be no other activities for kids).

Location: We will be meeting in one room together at Capilano Estates Clubhouse, 3389 Capilano Crescent (off of Capilano Road)



A simple charcuterie meal (a branch of cooking devoted to prepared meat products, pates, cheeses, etc). If your last names starts with A-K please bring cheese, L-Z cured meat. Beginning at 7,

we will listen to parts of Jake's life story. Please RSVP to Lynda at life@capchurch.ca to let us know you are coming, and what you intend to bring.

Nashisa Team 2017: Plans and preparations are full steam ahead for the CapChurch team to visit Nashisa this coming July. We welcome your donations towards our team's expenses—a target of \$10,000 is anticipated. Any donation you make towards the trip will be tax-receiptable (please mark your donation envelop with "Nashisa Team").

Charlotte's Shower: Sunday, June 4th, 2017 at 1:30—3:30pm at Tracy Miller's home (see Friendship List for address). We are celebrating Charlotte (Clark) and Alex's upcoming



wedding with a shower for Charlotte. You are all invited! See <https://sokindregistry.org/registry/alexandcharlotte>.

Charlotte has

been vital to the leadership of CapKids in her previous role and most recently, part time with our youth. Charlotte is stepping away from serving our church to join a church closer to their future neighbourhood. We are excited for her and want to bless all that God has for both of them in the future. Please RSVP Allison Grice at allison@capchurch.ca to respond as well as any further questions. (donations of appetizers would be welcome!)

BOUQUET OF THANKS



Many thanks to Debby Speight for her years of faithfully coordinating our Sunday flowers. Debby will be stepping down from coordinating flowers and stepping up to join the greeting team. Debby, we appreciate you!



calendar

events

- today THIS MORNING, Rod Wilson will be speaking today
- today Kim is away this Sunday
- May 24 **Coffee Break:** An intergenerational study, share and prayer time for women meets Wednesday mornings at 9:15. Contact [Julie](#) Evans or [Cindy](#) Gleeson (contact info in Friendship List)
- May 26 **MomLife:** Fridays at 9:15am at Hillside Baptist Church, NV Contact Karen Barre at kvbarre@gmail.com for more info
- May 26 **Chapel Unified: 7pm at the Centre for the Performing Arts**
- May 28 **Final HubCap: Story Time with Grampa Jake.** See inside for details
- May 29 **The Spot for Sr Youth (Gr 10+) at Lonsdale White Spot from 7:30-8:45**
- May 31 **Refresh for Jr Youth (Gr 7-9) at the Lonsdale Bubble Tea House from 7-8:30**
- Jun 3 **CapChurch A Rocha Day Retreat.** See inside for more details Save the Date!
- Sep 30-Oct 1 **Men's retreat at Barnabas : Men, save the date!**

Connecting with Us:

~ You can always find Cap online, listen to sermons, get contact info on our leaders and happenings at www.capchurch.ca, or check us out on Facebook at <http://facebook.com/capchurch>

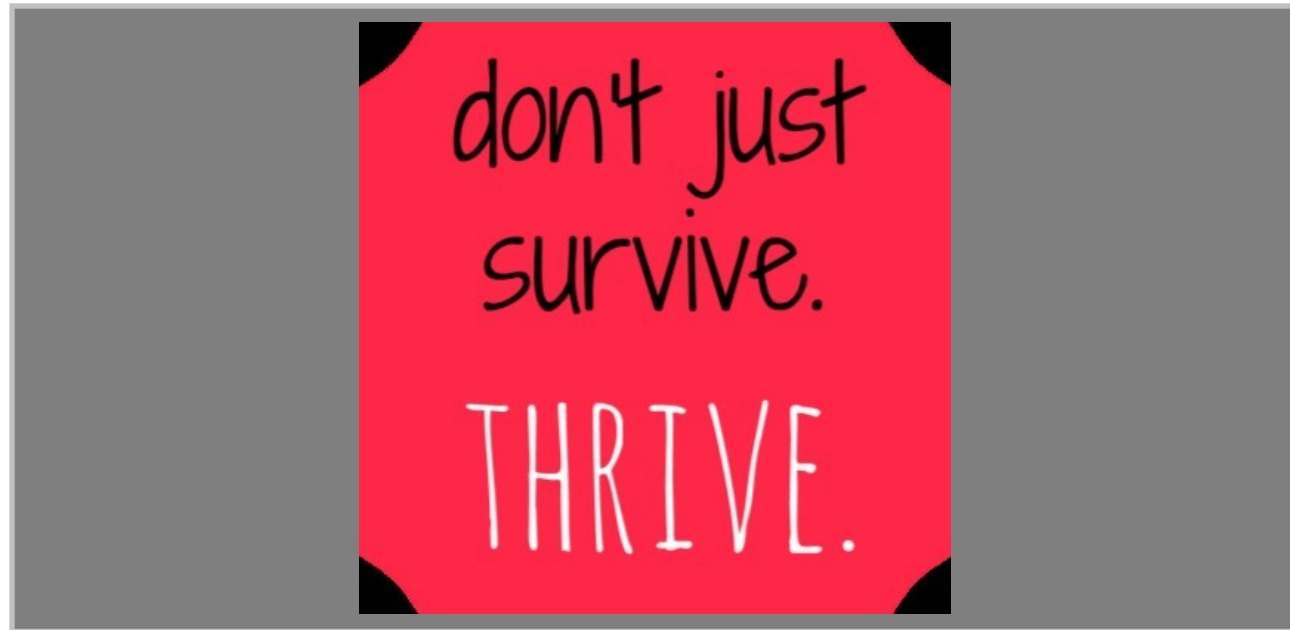
~ **FIRST-TIMERS/NEWMOMERS** - If you are new to CapChurch or visiting, would you take a minute to fill out a blue visitors card from the Welcome Table and leave it with us. You'll receive a welcome letter and a coupon for a specialty coffee of your choice!

~ **OFFERING ENVELOPES**—For those wishing to give their offering in an envelope, you will find envelopes next to the Offering Box on the table at the back of the room by the main theatre entrance.

capchurch leadership circle

Kim Pierrrot | pastor & elder
 Shelley MacDonald-Lin | associate minister
 Rod Wilson | teaching associate
 John Colpitts | youth minister
 Liz Baerg | youth ministry associate
 Charlotte Clark | sr. youth leader
 Allison Grice | capkids program director
 Joelle Coyle | capkids assistant
 Katrina Nadworny | caplittles sunday leader
 Andrew Chong | worship music coordinator
 Becca Birkner | worship music coordinator

Lynda Shaw | admin. assistant to the pastoral team
 Suzanne Paterson | sunday morning coordinator
 Cathy Adams | bookkeeper
 Jake Penner | elder emeritus
 Brian Dean | elder (apprentice)
 Lynne Smith | elder, (on sabbatical)
 Andrea Smith | elder
 Dan Thomson | elder (apprentice)
 David Zimmerman | elder, chair
 Bryson Milley | finance chair
 Archie Robertson, Lynn Perez, Andrea Smith | Nashisa team
 Lynn Perez | missions team chair



today's message

Surviving or Thriving

This morning we continue our series 'Kingdom, Spirit, Presence,' as Rod asks whether we are surviving or thriving in our Christian life. In particular we will talk with three people who work in Christian organizations and ask them where the Kingdom, the Holy Spirit, and Faithful Presence fit into their work and to what degree they are surviving or thriving.

this sunday at a glance

THIS SUNDAY MORNING, Rod Wilson will be speaking on "Surviving or Thriving." Andrew Chong & Team will be leading worship.

LITTLES: Care for our babies & toddlers (0-2) is upstairs with Katrina

ZOO: Our lively class for 3-5 year olds is upstairs with Joelle

FRESH: Our Grade 1-6's are downstairs in the West Wing to explore the theme of God's Protective Presence - how God gently clothes us with His loving protection.

JR YOUTH: Our Grade 7-9's are upstairs in the Staff Room with Liz & team exploring the theme of God's Protective Presence. And yes...there will be snack today ;)

SR YOUTH: Our Grade 10-12's are invited to serve in the community or remain in the service.