

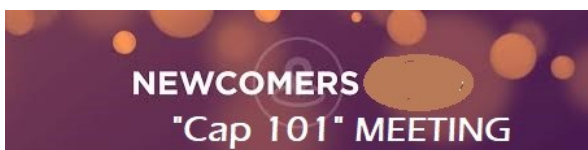


announcements



Welcome to CapChurch!

We are a community faithfully seeking God's shalom (flourishing and wholeness) in every sphere of life with passion for Christ and compassion for neighbour. We hope you find a warm welcome today—both from our good God, and from us.



THIS Evening, Sunday, Nov 5, 2017

If you are new or "newish" to CapChurch you are invited to come for coffee and dessert on Sunday Nov 5 at 7:30pm at Dan and Lindsie's home. Come and learn some things you might not know about CapChurch. Affectionately known as Cap101 this will be a great chance to ask anything you've always wanted to know about this church. To RSVP or if you have questions please contact kim@capchurch.ca

Gloria!

Friday, Nov 10, 2017
7:30PM - 9:00 PM at Kerrisdale Presbyterian Church, 2733 W. 41st Ave., Vancouver, BC
Regent College presents the concert Gloria in commemoration of 500 years of Reformation. See Lynn Smith for more details



AN EVENING WITH TIM & MARY DICKAU

Sunday, Nov 19, 6:30 -9:30pm

Location: 989 Belmont Ave, North Van
Contact: Kenton at 604-987-7504

Mary and Tim Dickau have been engaged in housing through their church, Calvary Baptist Church. Their community began by asking questions, and birthed is something beautiful, challenging, messy, and continues to be lived out. Not only do they have community homes, a housing development, and non-profit organizations birthed from their little tiny church, they are prophetically speaking into Vancouver and BC's culture, churches, and local communities. Kenton and others would like us to listen, learn, and dream with the Dickaus' of what might be possible on the North Shore. Will you join Kenton for this night? If so, RSVP to this evite to confirm attendance and food. <http://evite.me/jqEDKQcApp> (Kenton MacDonald-Lin)

CapBlast: If you are currently not receiving our electronic bulletin and want to receive info which promotes events in our church, the broader Christian community and NS local events that may be of interest, please email life@capchurch.ca to get on our list.

considerations



Men's Coffee and Muffins

Saturday, Nov. 25 at 8:30am

Location: at Canyon Heights Church, North Vancouver. An opportunity to connect with other men from CapChurch. RSVP or make inquiries to Roger at roger_Hardy@worldvision.ca



Please pray for Kenton MacDonald-Lin

as he travels and serves at the annual Urban Promise International "SUMMIT." 300+ international leaders, volunteers and missionaries are gathering from this Nov. 7 - 12 in Camden, New Jersey USA. He is providing the organization and leaders with much needed storytelling assets for the event as well as other needs for the various ministries represented there. This includes video event coverage, photography and training on storytelling for fundraising. Kenton writes, "I am grateful to this opportunity and thank CapChurch for their support and Urban Promise for their help getting me there to assist in fulfilling a big need. Please connect with me if you want to hear more and how you can partner with me in this." (Kenton MacDonald-Lin)

Christmas Giving Projects:



This year CapChurch will be participating in a number of Christmas Giving Projects that are tied closely with caring initiatives that cappers participate in either officially as a mission or personally as God has lead through their passion and expertise.

Gitsegukla Christmas Giving:

Jan Bryant will be buying mandarin oranges, apples and candy canes in Smithers and then shipping them to Gitsegukla, BC. We have the opportunity to contribute financially towards these gift bags as well as contributing to new hats, mitts and gloves for the children - size infant to teens which will go with the gift bags. See Jan Bryant for details (items will need to be given before the end of November).

Hygiene Bags: Hygiene Kits includes 1 toothbrush, 1 bar bath soap 1 fingernail clipper, 1 hand towel) for people overcoming natural disasters and war-torn disruptions. If you are interested in making and filling bags or providing the supplies for the bags, contact Lynda at life@capchurch.ca. If you would like to read more about it, check out Mennonite Centre Committee at <https://mcccanada.ca/get-involved/kits/hygiene>.

Note Takers—if you need paper to jot down notes from the sermon, paper is available at the coffee/welcome table (at the back of the auditorium)



calendar

events

- Today **This Sunday Rod Wilson will be speaking from Philippians 3:12-4:1**
- Today **Thriving or Surviving in Aging:** starting at 12:15 in the Mulgrave Gym
- Nov 6 **“The Spot”** for Grade 10-12’s from 7:30-8:45 at the Lonsdale White Spot.
- Nov 8 **Coffee Break for CapWomen:** Wednesday mornings at 9:15. Contact [Julie](#) Evans or [Cindy](#) Gleeson.
- Nov 10 **MomLife:** Fridays at 9:15am. Contact Shelley MacDonald-Lin at shelley@capchurch.ca for more info
- Nov 12 CapChurch will commemorate **Remembrance Day** in the Sunday Service
- Nov 16 **"Reframe"** for Grade 7-9’s from 7-8:30pm at Capilano Mall. Meet at the Food Court
- Nov 18 Next exciting Grade 4-6 Event. Mark your calendars.
- Nov 19 Housing & CapChurch? 6:30–9:30pm see inside for more details
- Nov 23 Mountainside Secondary School hosts Craft Fair: 3:30–7:30. Ask Brian Dean for more info
- Nov 25 Men’s Coffee Time: see inside for details

Connecting with Us:

- You can always find Cap online, listen to sermons, get contact info on our leaders and happenings at www.capchurch.ca, or check us out on Facebook at <http://facebook.com/capchurch>
- **FIRST-TIMERS/NEWCOMERS** - If you are new to CapChurch or visiting, would you take a minute to fill out a blue visitors card from the Welcome Table and leave it with us. You’ll will receive a welcome letter and a coupon for a specialty coffee of your choice!
- **OFFERING ENVELOPES**—For those wishing to give their offering in an envelope, you will find envelopes next to the Offering Box on the table at the back of the room by the main theatre entrance.

capchurch leadership team

Pastoral Team

- Kim Pierrot | lead pastor & elder
- Rod Wilson | teaching & preaching
- John Colpitts | young people
- Jamie Munday | community development
- Shelley MacDonald-Lin | worship, spiritual formation
- Lynda Shaw | administrative support

Support Staff

- Allison Grice | kids ministry director
- Katrina Nadworny | kids ministry assistant
- Isa Purcell | youth ministry intern
- Shaun Huberts | youth ministry associate
- Suzanne Paterson | sunday hospitality coordinator
- Cathy Adams | bookkeeper

- Jake Penner | elder emeritus
- Brian Dean | elder (apprentice)
- Lynne Smith | elder
- Andrea Smith | elder
- Dan Thomson | elder (apprentice)
- David Zimmerman | elder , chair
- Bryson Milley | finance chair
- Archie Robertson, Lynn Perez, Andrea Smith| Nashisa team
- Lynn Perez | missions team chair
- Andrew Chong | worship music coordinator
- Becca Birkner | worship music coordinator



Today’s message

Maturity (Philippians 3:12-4:1)

Christian maturity is not about perfection but rather a particular kind of forgetting, straining, and winning. Paul not only writes about this approach, but he embodies it himself, and contrasts it with those who are absorbed with earthly things missing the true nature of their citizenship.

This Sunday at a glance

THIS SUNDAY MORNING, Rod Wilson will be speaking on “Maturity.” Robbie Ohlhauser & Team will lead us in worship.

YOUNG PEOPLE are released part way through the service to their classrooms upstairs. We look forward to welcoming you into one of the following groups:

- LITTLES | 0-2 Year Olds
- ZOO | 3-5 Year Olds
- FRESH | Grades 1-3
- T.B.A. | Grades 4-6
- JR YOUTH | Grades 7-9

SR YOUTH [Grades 10-12] are invited to participate in the main service, or to speak to Allison or John about helping with one of the younger age groups.

For more info, or to be added to our young people’s distribution lists, please contact: allison@capchurch.ca (CapKids) john@capchurch.ca (CapYouth)