

THE NORTH SHORE

Camino

2022

In place of a Good Friday service, we invite you to do the North Shore Camino anytime this weekend; a guided walking meditation created by CapChurch, Simple Church and ReflectorProject.

It is meant to be both an inward journey as you remember and reflect on the last words Jesus spoke before he died, and an outward journey as you walk in our city and try to see it through the eyes of the one who gave his life for us.

You will walk a short distance from one end of the Shipyards District in lower Lonsdale to the other, making stops along the way. Total walking time should be less than 30 minutes.

Before you go:

Download the audio version of this guide that includes the bible readings, music, walking map and instructions to use as you walk

Or

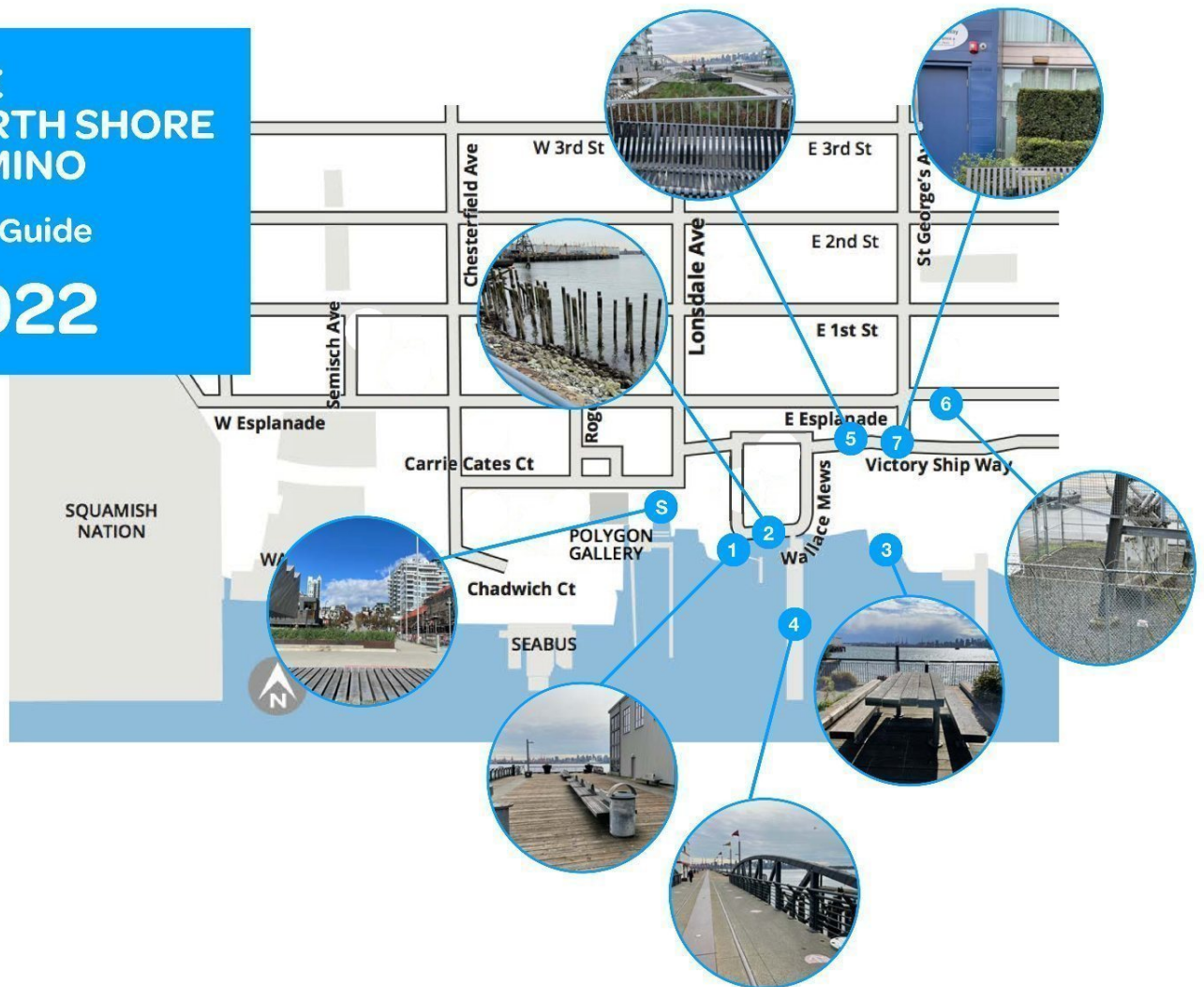
Use this reading guide with written instructions, bible readings, and map to use as you walk.

MAP

THE NORTH SHORE CAMINO

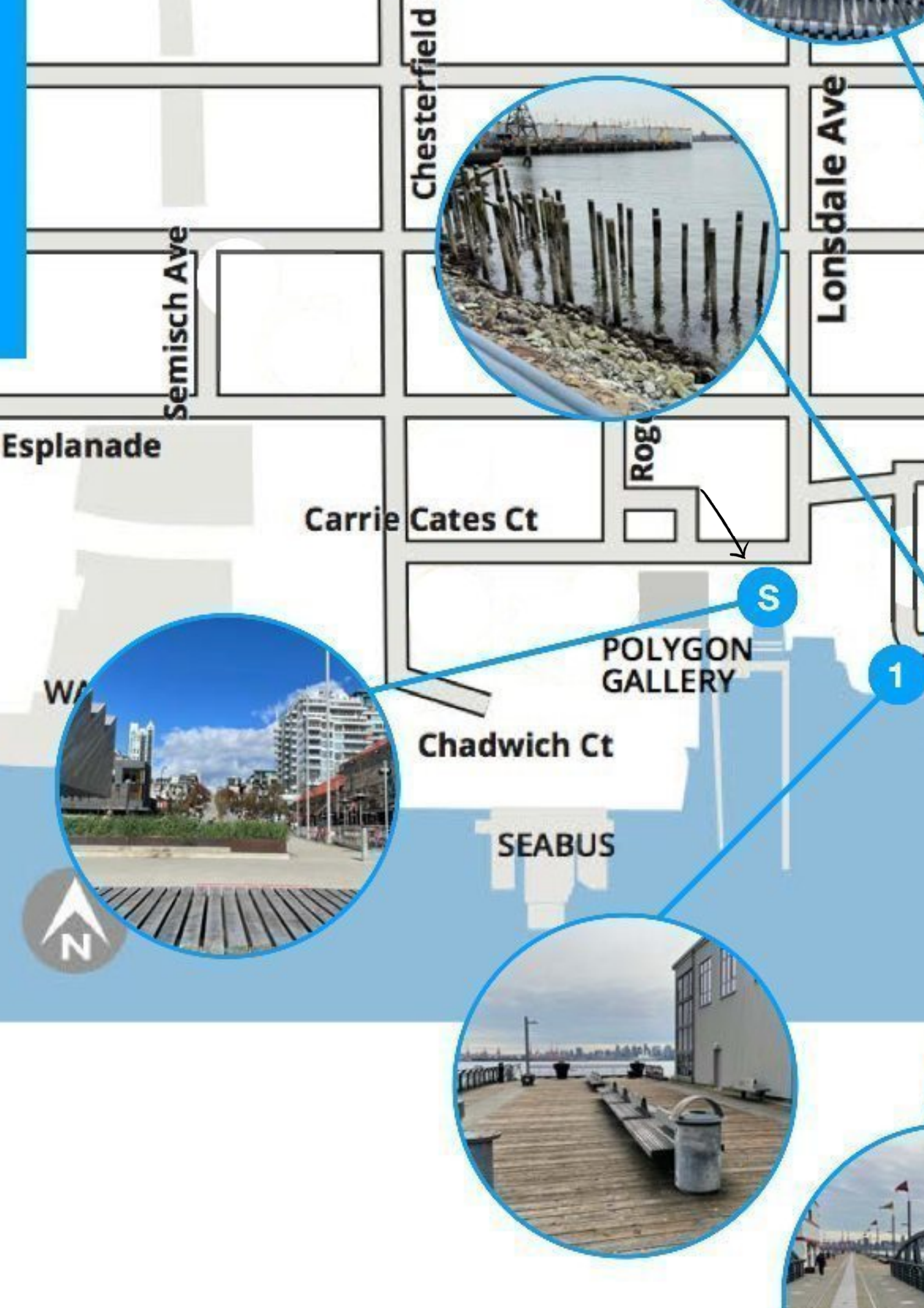
Trail Guide

2022



SOME SUGGESTIONS:

- **Walk with all your senses.** Don't try to tune out what you see, hear or smell in order to "focus on Jesus." Allow all of the experience: the ground beneath your feet, the faces you encounter, the signs you read, the landscape you see, the smell of the ocean to be part of your walking meditation.
- **Walk with others.** Do this with your micro-church or a few other folks from your spiritual community. Enjoy both conversation and quiet reflection as you walk. Listen to the audio at the same time or one person can read the Bible verses aloud at each stop. Combine this walk with a tea/coffee or treat at one of the many places nearby.
- **Walk with kids.** Begin the walk by inviting everyone to keep their eyes open and to call out where they see shapes of the cross as they walk or other things that remind them of Jesus. Feel free to read the scriptures aloud or not as attention spans dictate! Take a break partway through if you need to and enjoy the playground at the end of the shipyards.
- **Walk on your own.** Walking in solitude creates space for a personal encounter with Jesus and is a way to deepen your understanding of the story.
- **Walk at your own pace.** For those using the audio version, there will be times when you may want to stop the audio until you get to the right place, or when the musical interlude offers you more walking time than you need. Feel free to pause the audio and restart as you need.



Chesterfield

Semisch Ave

Lonsdale Ave

Esplanade

Carrie Cates Ct

Rogo

Chadwich Ct

POLYGON GALLERY

SEABUS

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1



START



To Begin:

Head to the Polygon Gallery at the foot of Lonsdale. Paid parking is available in the Lonsdale Quay parking lot beside the quay, the Shipyards parking lot, under the Pinnacle hotel, and some free street parking is also available farther up Lonsdale and on the side streets.

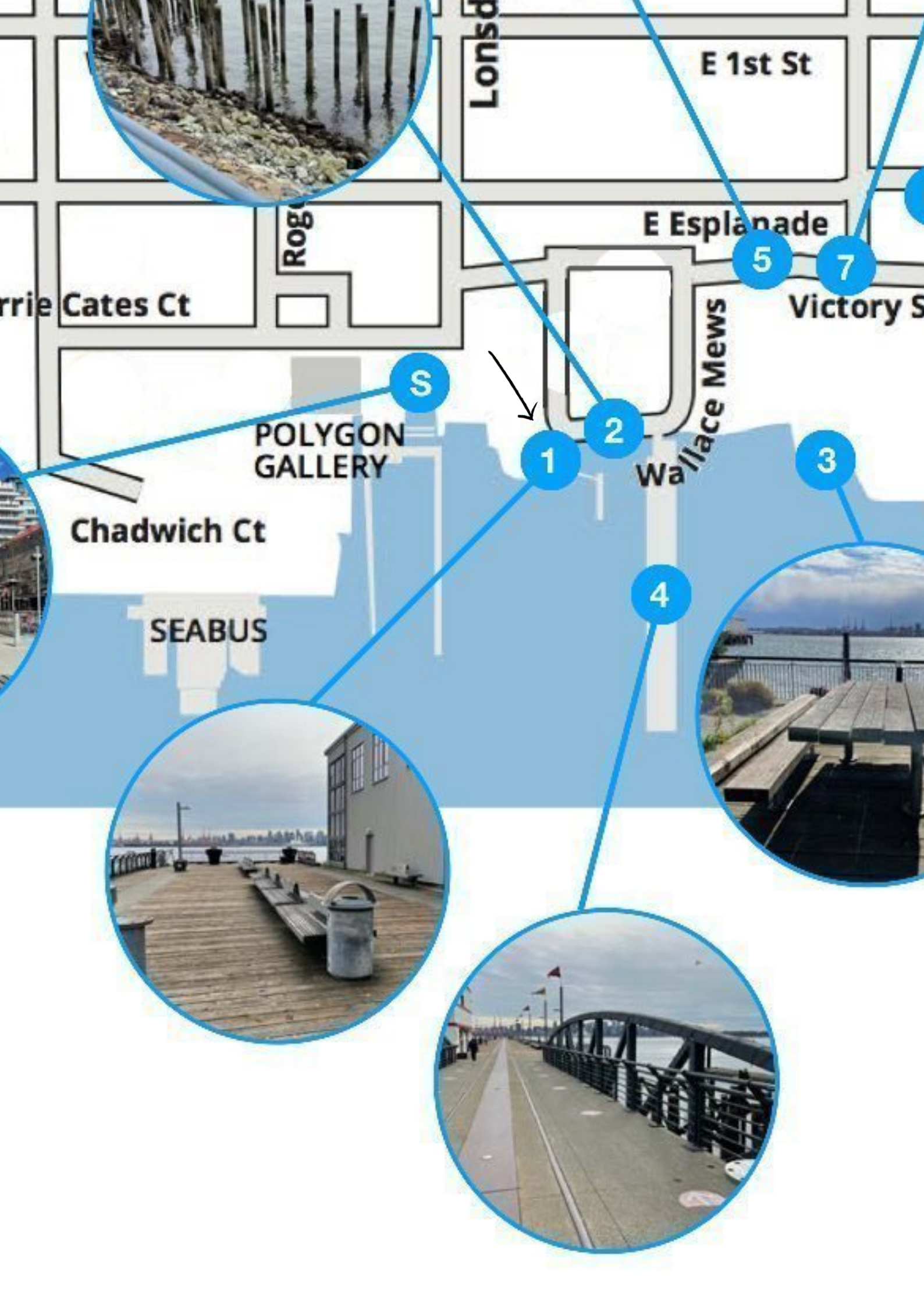
Stand on the boardwalk in front of the Polygon Gallery and enjoy the ocean view, taking a few moments to notice the sights and sounds of your surroundings and silently invite Jesus to walk with you.

Walk east along the water, towards Pier 7 Restaurant. Turn right at St Roch dock, on the east side of Pier 7.

Find the containers of nails hidden in both large flowerpots at the end of the dock...

Take one with you and hold it as you walk, allowing the physical sensation of the nail in your hand to bring you to a greater awareness of Jesus with you in the present moment.

Have a seat on a bench nearby or stand and consider Jesus' words.



FIRST STOP:

ST. ROCH DOCK



Scripture: Father, Forgive them (Luke 23:34)

Two other men were also led out with Jesus to be killed. Both of them had broken the law.

The soldiers brought them to the place called the Skull. There they nailed Jesus to the cross.

He hung between the two criminals. One was on his right and one was on his left. Jesus said, "Father, forgive them. They don't know what they are doing." (Pause)

Prayer:

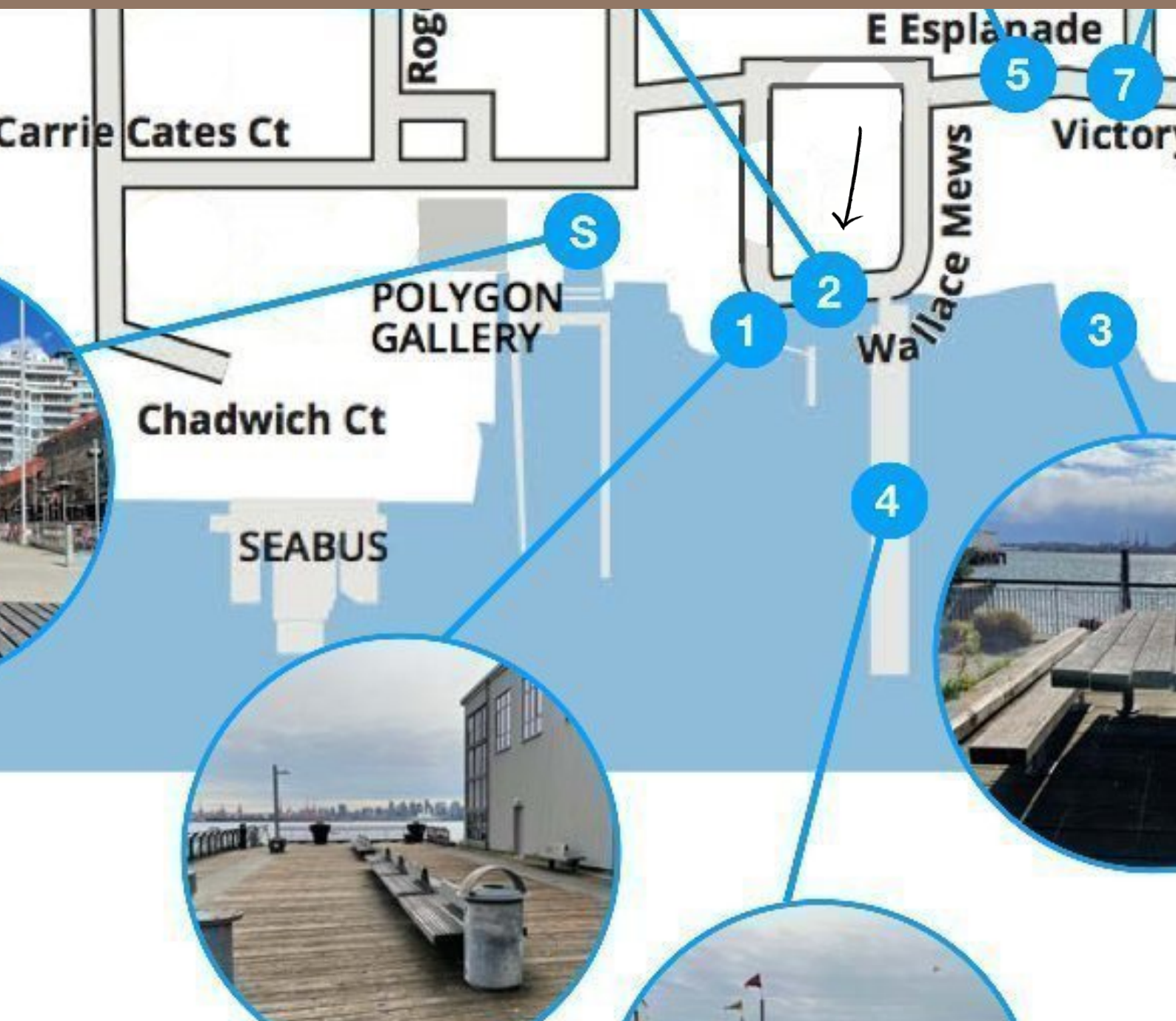
God the forgiver, God of the forgiven, who offered compassion and mercy in the face of violence, may we turn towards you to receive The mercy we so desperately need.

May we turn towards others to extend the same mercy you have showered upon us. Amen.

Continue to walk east along the oceanfront, stopping at the metal fence just east of the entrance to the long pier in front of Joey Shipyards.

As you walk, become aware of all the people you walk past, and consider that each one is a beloved child of God, included in Jesus' wide embrace.

Turn your gaze to the pilings in the water that have the look of several incomplete crosses, clustered together.



SECOND STOP:

METAL FENCE IN FRONT OF PILINGS



Scripture: Today you will be with me in Paradise. (Luke 23:43)

One of the criminals hanging there made fun of Jesus. He said, "Aren't you the Messiah? Save yourself! Save us!"

But the other criminal scolded him. "Don't you have any respect for God?" he said. "Remember, you are under the same sentence of death."

We are being punished fairly. We are getting just what our actions call for. But this man hasn't done anything wrong."

Then he said, "Jesus, remember me when you come into your kingdom."

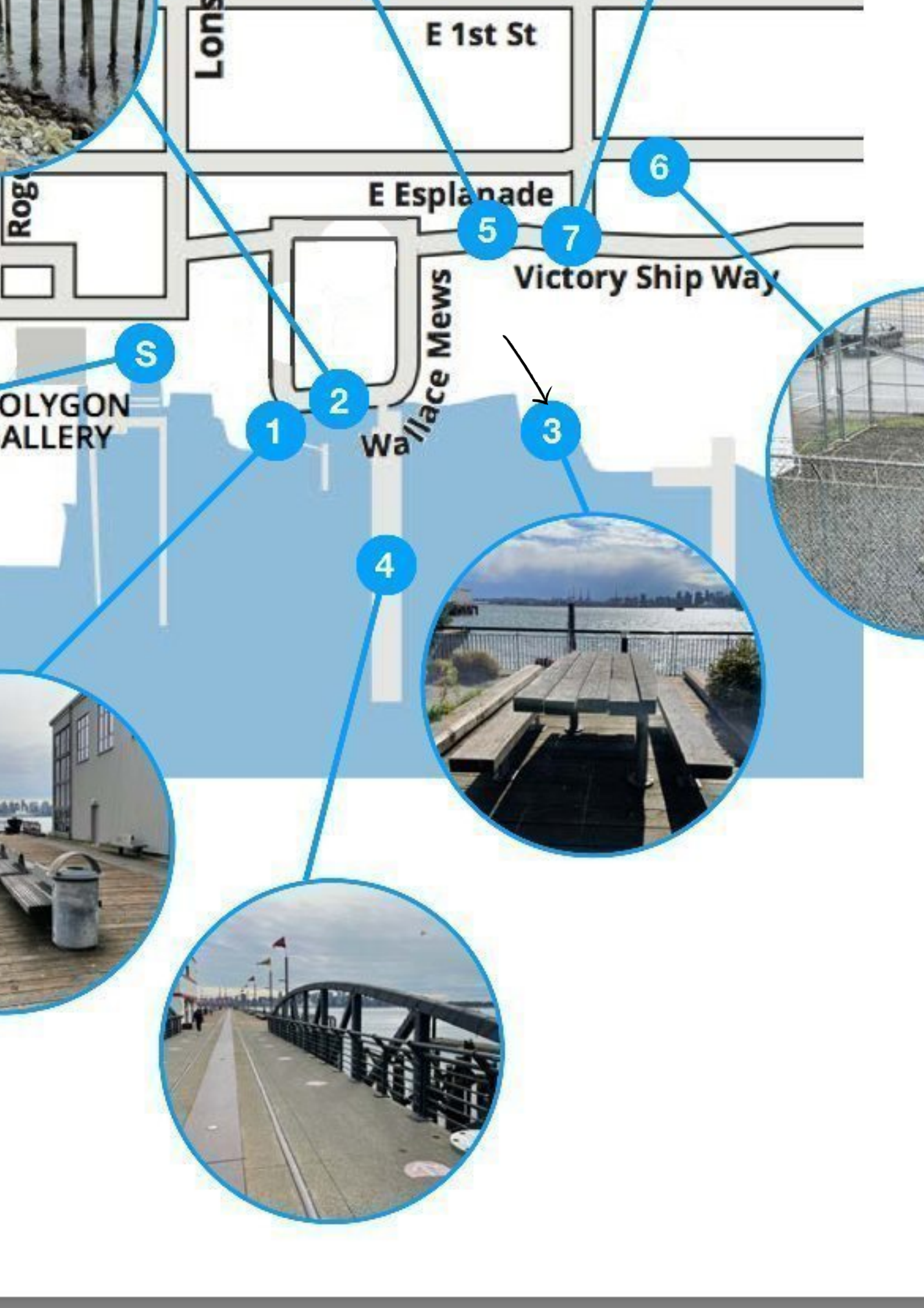
Jesus answered him, "What I'm about to tell you is true. Today you will be with me in paradise."

Prayer:

Dying Jesus, at the end of yourself you turned and spoke words of togetherness in the places of the torn.

May we too offer up words of invitation and healing, especially when the world harms.

May we participate in extending your wide embrace, especially when we feel the most threatened.



E 1st St

Lons

E Esplanade

Victory Ship Way

Wallace Mews

POLYGON GALLERY

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THIRD STOP: METAL FENCE IN FRONT OF PILINGS

Continue your eastward walk until you see a playground on the right. Turn right just after the playground and sit or stand near the picnic tables with an ocean view. Notice if there are any young families playing nearby. Consider mothers, fathers and families as places of both pain and belonging as you listen to these words from Scripture.



Scripture: Dear woman, Here is your Son (John 19:26-27)

Jesus' mother stood near his cross. So did his mother's sister, Mary the wife of Clopas, and Mary Magdalene.

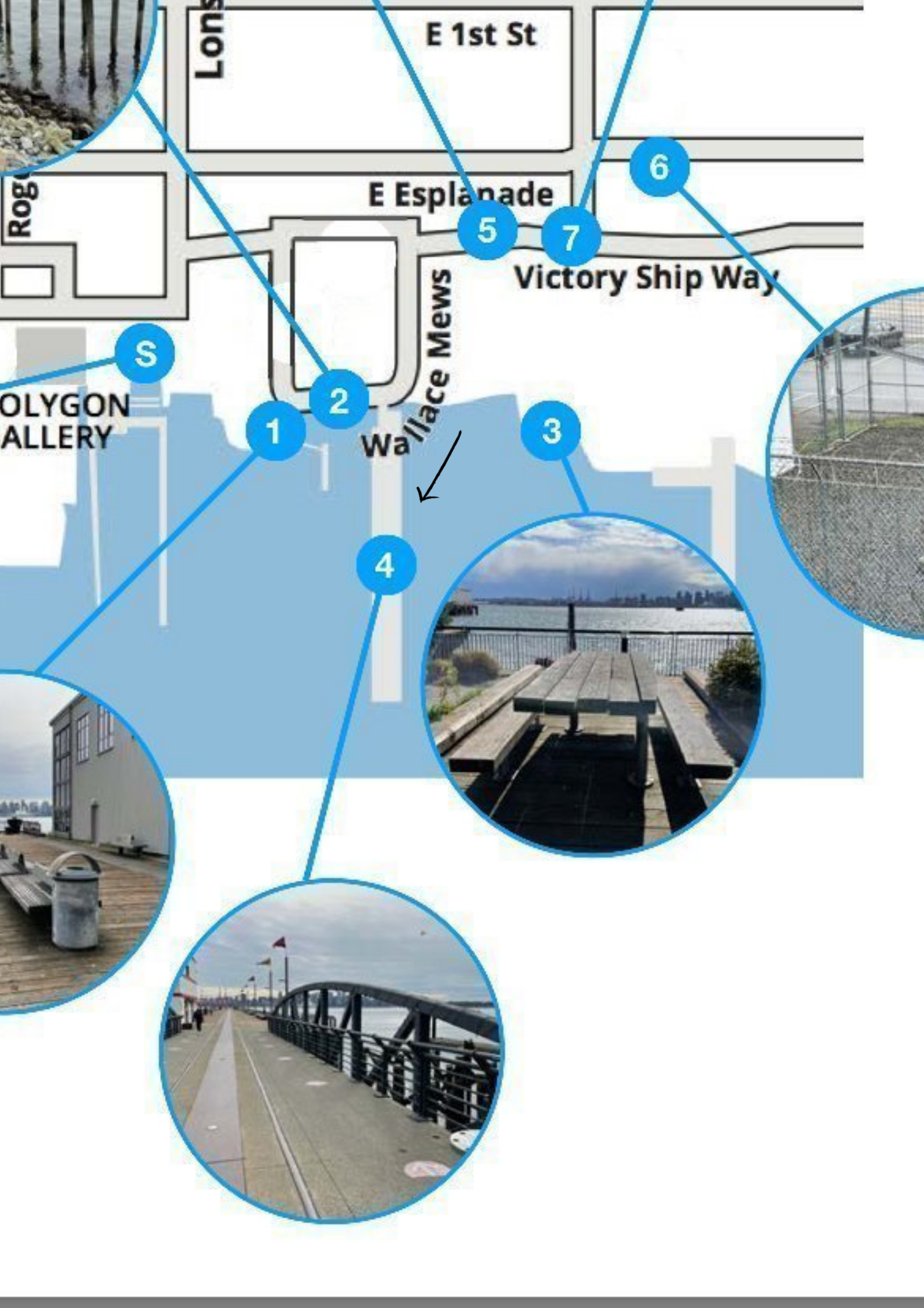
Jesus saw his mother there. He also saw the disciple he loved standing nearby. Jesus said to his mother, "Dear woman, here is your son."

He said to the disciple, "Here is your mother." From that time on, the disciple took her into his home.

Prayer:

Jesus the Son, in your moments of greatest agony, you saw your mother and your friend, and their need for a place to belong.

May we, too, see one another and create spaces of belonging with our words and our actions because when we truly see each other, we are seen ourselves.



E 1st St

Long

E Esplanade

Victory Ship Way

Wallace Mews

POLYGON ALLERY

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FOURTH STOP:

BURRARD DRY DOCK PIER

Turn around and walk back the way you came, heading west towards the large pier (Burrard Dry Dock).

Turn left to walk down the pier. Walk partway or all the way down to the ocean and find a place to pause.

As you walk, notice the faces of the people you walk past, especially those that might hold some trace of sadness or pain. Quietly pray for them.



Scripture: My God, my God, Why Have You Deserted Me? (Mark 15:34)

At noon, darkness covered the whole land. It lasted three hours.

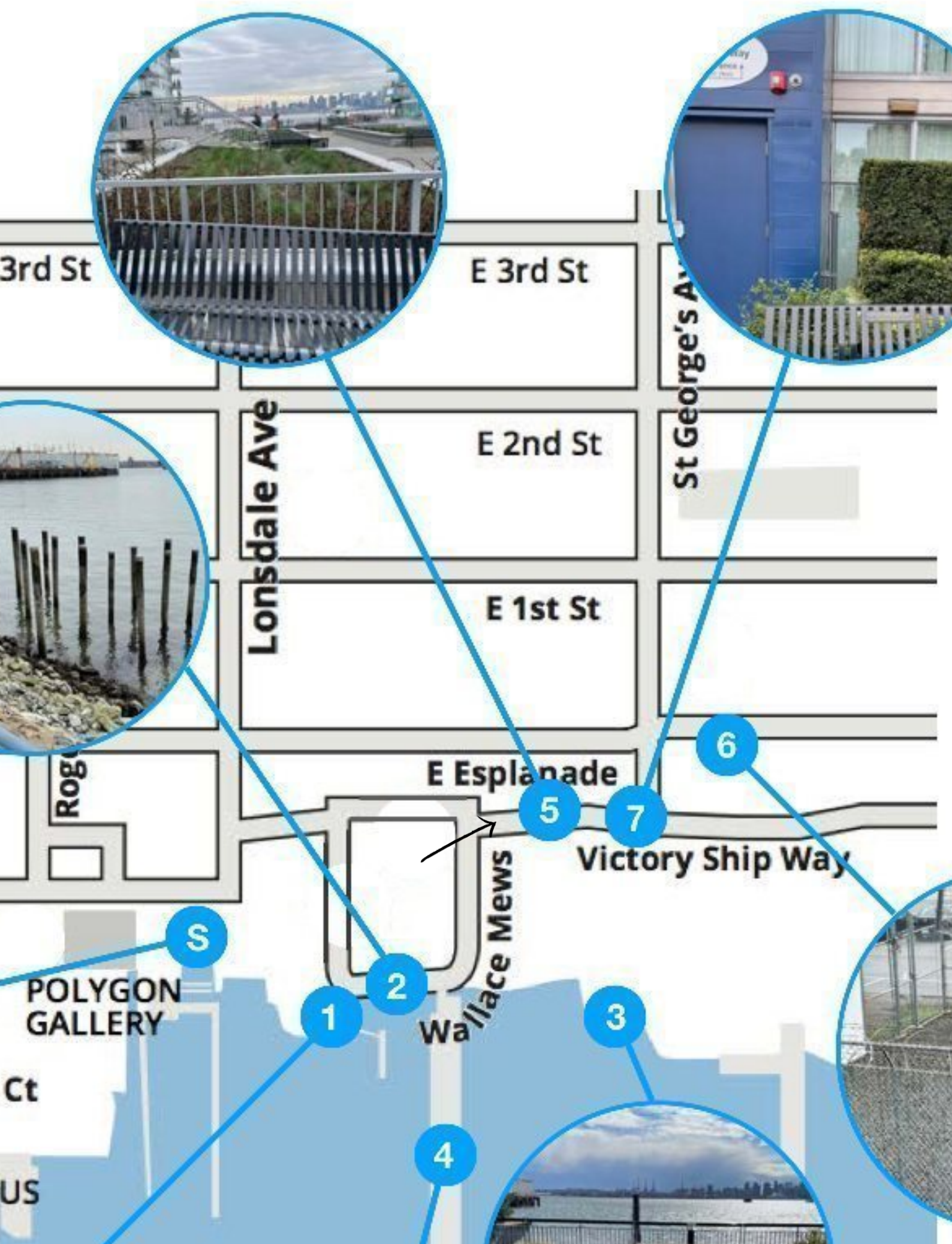
At three o'clock in the afternoon Jesus cried out in a loud voice, "Eloi, Eloi, lema sabachthani?"

This means "My God, my God, why have you deserted me?"

Prayer:

Jesus of the forsaken, your words reflect your experience of utter agony and desolation on the cross but not your Father's abandonment.

In our moments of greatest pain and despair, may we find solace in knowing that you, too, felt forgotten by God.



FIFTH STOP: CASCADE AT THE PIER

Walk back up the pier towards Joey Shipyards restaurant, continuing to walk north along the right side of the restaurant and then along Wallace Mews.

Turn right on Victory Ship Way until you arrive at the benches in front of water fountains by the building called "Cascade at the Pier". Have a seat, or stand, and listen to the sound of water falling.



Scripture: I am Thirsty. ... (John 19:28)

Later, Jesus knew that everything had now been finished. He also knew that what Scripture said must come true.

So he said, "I am thirsty."

A jar of wine vinegar was there. So they soaked a sponge in it. They put the sponge on the stem of a hyssop plant.

Then they lifted it up to Jesus' lips. (Pause)

Prayer:

Jesus of the flesh, you were hungry, you were thirsty and you felt pain in your human body just as we do.

In our bodily experiences of both pleasure and pain may we sense a kinship with you because you too chose to experience these things in your human body, even when it hurt.



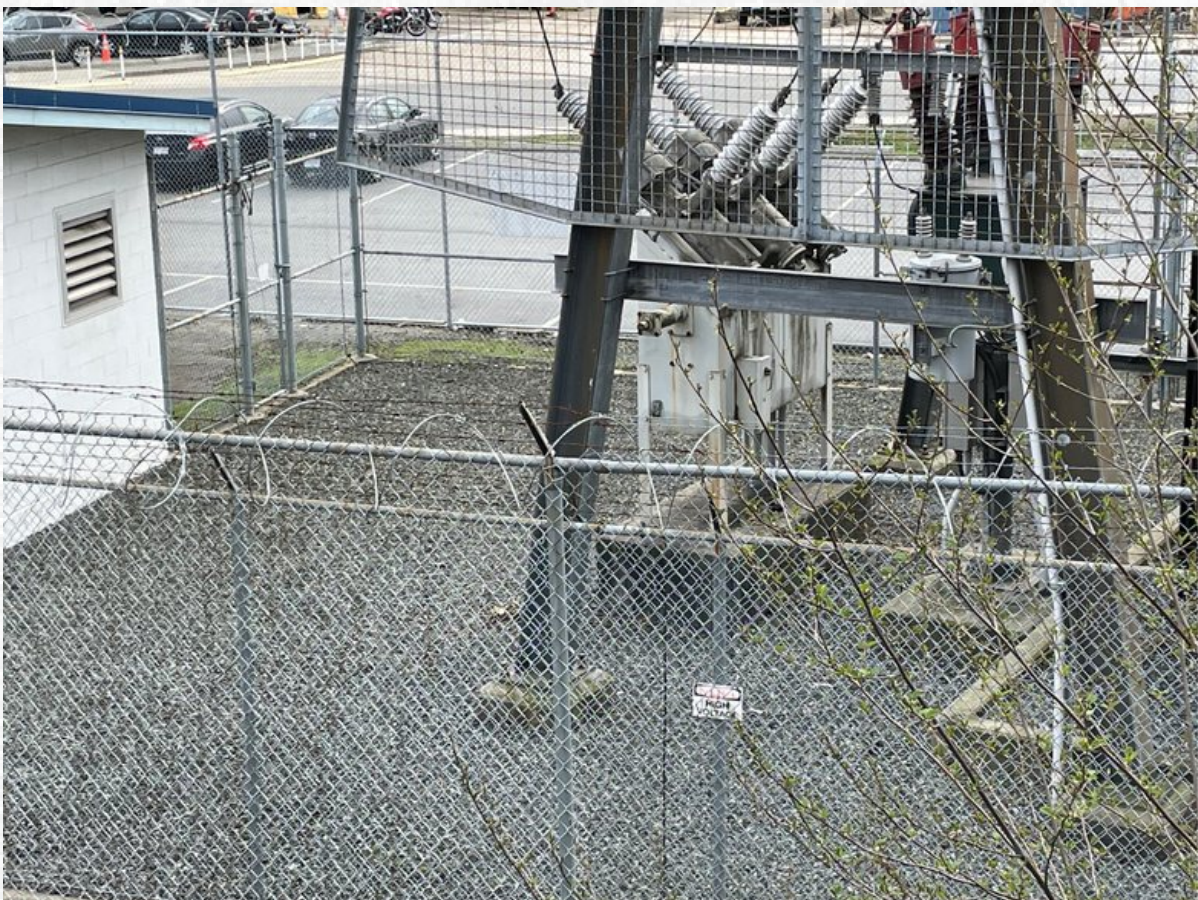
SIXTH STOP: ESPLANADE AND ST GEORGE'S

Continue walking along Victory Ship Way, turn left up St Georges' Avenue to walk a half block, and then cross the street to arrive at the corner of East Esplanade and St George's.

Walk a short distance along Esplanade until you get to the fence of the railway overpass.

Facing south, you should be able to see the power station, surrounded by barbed wire, railroad tracks, and some graffiti. Consider the contrast between the beauty and luxury of the previous stop and the industrial starkness of this one.

What do you see in front of you that reminds you of Jesus on the cross?



199

Victory Ship Way

Front Entrance

DOWN SPIRIT TRAIL

Scripture: It is Finished. ... (John 19:30)

After Jesus drank he said, "It is finished."

Prayer:

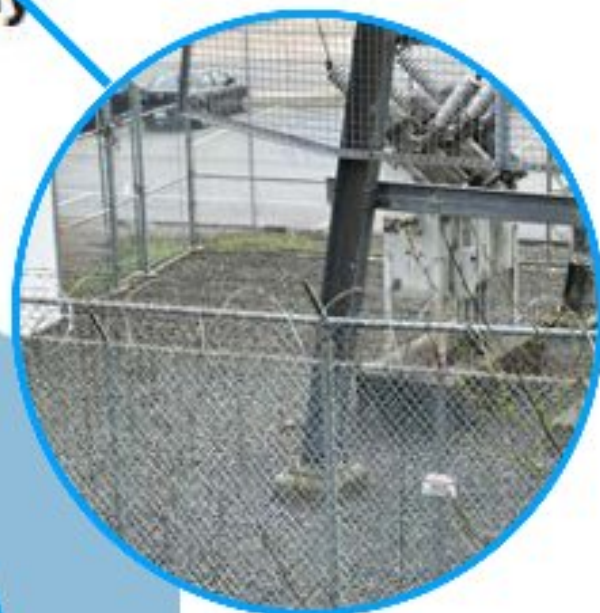
God of the Already/Not Yet, we acknowledge your finished work on the cross and also the unfinished places in our world and our lives.

May your kingdom come, your will be done, on earth as it is in heaven. Amen.

Before you leave this second-to-last-stop, look for the container placed on the concrete ledge just on the other side of the metal fence.

The container should be visible as you face the graffiti near the railroad tracks. Drop your pilgrimage nail in the container to mark your participation in this walk alongside many others this weekend.

Walk back along Esplanade, this time turning left along St George's without crossing the street and use the crosswalk to cross Victory Ship Way. As soon as you cross, you will see a bench in front of 199 Victory Ship Way.



199
Victory Ship Way
Front Entrance &
DOWN SPIRIT TRAIL

SEVENTH STOP:

199 VICTORY SHIP WAY



Have a seat here
to listen to the final reading.

Scripture: Father, into Your Hands I Commit my Life. (Luke 23:46)

The sun had stopped shining. The temple curtain was torn in two.

Jesus called out in a loud voice, "Father, into your hands I commit my life."

After he said this, he took his last breath.

Prayer:

Abandoned and Abandoning Jesus, even though you felt deserted by God, you offered your life into God's hands.

May we find ways to offer up to you our places of greatest pain and darkness, knowing that, with you, the path of abandonment and surrender leads to freedom and strength.

Before you leave the bench, look to your right across the street and see if you can spot a fairly large cross above the sidewalk on the side of a building on the north side of Esplanade. Hint: look between "AutoVet Wheel Alignment" and "La Cerverceria" signs.

Allow the cross to stir your imagination as you reflect on the experience of this walk. What might it look like for us to commit our lives, our longings, our hurting world, our unfinished stories into God's hands without being able to control the outcome? Give thanks to Jesus for his death, and for the hope of resurrection we have because of Him.

Although this is not the end of the story, this is where the story and this walk ends for now. Take hope, for joy comes Easter morning!